



**PROJECT RESPONSE
PRESENTS**

LOW-IMPACT AEROBICS



FREE



- Aerobics
- Simple exercises
- Promoting healthy choices
- On your feet OR in your seat!
- All ages, 18 and up
- With instructor Peter Santiago
- Don't forget your sneakers and sweats!

**EVERY MON. & THURS.
5:30-6:30 P.M.
BEGINNING JUN. 30
THE PAVILION
378 BABCOCK ST.**



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Contact Us
321.724.1177

